



# HOW TO BECOME AN INSTRUCTOR AT MAKING WAVES

## CANADIAN SWIM PATROL

Rookie

Ranger

Star

Bronze Star

Bronze Medallion  
Emergency First Aid

Bronze Cross

Standard First Aid  
& CPR Level C

National Lifeguard  
Service (N.L.S.)

The Canadian Swim Patrol was designed for students that are finished their levels but are not yet old enough to start taking the Bronze Series of courses. These courses are a great way to prepare for the more difficult Bronze Medallion and Bronze Cross. Learn the fundamentals of lifesaving techniques in a fun filled learning environment.

Get a head start by taking Bronze Star. A great course that will help you prepare for Medallion and Cross by working on your swimming skills and rescue abilities.

You will gain an understanding of the lifesaving principles embodied in the four components of the water-rescue education - judgement, knowledge, skill and fitness. Rescuers learn tows and carries, and defence methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500 m timed swim. This course combines the Bronze Medallion and the Lifesaving Society Emergency First Aid/CPR-B certifications into one course.

**Materials Required:** Canadian Lifesaving Manual

**Prerequisites:** minimum 13 year of age **OR** Bronze Star

This course is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor Certification. Boost your endurance with a timed 600 m swim. This course combines Bronze Cross with the Lifesaving Society Standard First Aid/CPR-C and Automatic External Defibrillation certifications into one course.

**Materials Required:** Canadian Lifesaving Manual

**Prerequisites:** Bronze Medallion and Lifesaving Society EFA/ CPR-B certifications

Asst. Water Safety Instructors

Water Safety Instructors

Be a Making Waves instructor

**Making Waves is a fantastic place to work! We offer full training, fun staff socials and a challenging work environment. Its our job to make you a fantastic swim Instructor. The pay is great and the atmosphere is fun!**

**We would love you to join our team!**